

# Subject Story: P.E

In our PE curriculum you will see our value of **Friendship.**

- Our curriculum promotes teamwork and sportsmanship.
- We attend Borough PE meetings to connect with other schools and arrange events for all children.
- We encourage staff to observe each other and form professional relationships – in particular seeking advice from the Active team.

In our PE curriculum you will see our value of **Responsibility.**

- We look after our bodies by warming up and cooling down. We measure our personal best and learn ways to improve.
- Staff monitor and model looking after equipment and expect the same of children.
- We wear PE kit to represent the school and understand that we are role models.
- We train children as Sport Leaders and encourage peer co-operation.

In our PE curriculum you will see our value of **Honesty.**

- We ensure sportsmanship and fair play through all we do.
- Children value rules of the game and understand the importance of effective discipline within sport.
- We encourage all children to be honest in their assessment of their performance and to strive to beat their personal best rather than comparing themselves to others.

In our PE curriculum you will see our value of **Love.**

- We support each other and provide all children with opportunities to learn and grow together.
- We work as a team and show love towards our peers by celebrating their achievements and supporting them to be gracious whether they win or lose.
- We promote a love of sport and leading healthy lifestyles.

In our PE curriculum you will see our value of **Courage.**

- We encourage all children to demonstrate their best efforts in all areas regardless of experience.
- We promote self-belief by providing children with opportunities to push themselves out of their comfort zone.
- We expose children to a wide variety of sports and the opportunity to learn new skills in areas they may have not considered.

In our PE curriculum you will see our value of **Respect.**

- We promote sportsmanship in all areas of the curriculum – encouraging children to support each other and learn from mistakes.
- We have high expectations and expect children to maintain our school values when representing the school.
- We teach children to respect the value of equipment and understand this is shared property of the school community.



Children at St. Martin's say this about PE:

- 'I like going in the hall and climbing' (EYFS)
- 'We get to learn fun games we can play outside (breaktimes)' (Year 1)
- 'We have Active areas where we do star jumps or dances' (Year 2)
- 'We love the equipment to exercise and play table tennis at lunch' (Year 3)
- 'I love my PE lessons as I can run around and be active' (Year 4)
- 'I have really enjoyed looking at maps in orienteering and following the symbols' (Year 5)
- 'We enjoy visiting local clubs and being able to lead lessons for younger children' (Year 6)



If you were to walk into a PE lesson at St. Martin's you would see:

- Whole class, active participation and an inclusive approach.
- Teachers follow the 'I do - we do - you do' approach to lead by example and use children as experts.
- Adapted planning from scheme of work to ensure appropriate level of challenge and support and to provide opportunities for SEND pupils.
- Children are active for the majority of the lesson and raise their heart rate to improve fitness levels.
- Teachers and pupils are supportive of all abilities and work collaboratively for best results.
- Teamwork, sportsmanship and cooperation.
- Staff and children wearing appropriate clothing and are enthusiastic about their learning.
- They understand the importance of a warm up/cool down to prevent injury.

In our PE curriculum you will see children learning through **exciting, engaging learning experiences which develop their 'cultural capital'**.

- External coaches introduce new sports.
- The promotion of walking and cycling to school using the Travel Tracker.
- Extra-curricular activities including a variety of clubs, events (e.g. Dance Festival) and matches to represent the school.
- Sports Day and the celebration of sporting achievements.

Our agreed consistencies for PE are:

- All children participate in 2 x one hour PE and Games lessons a week using the 'Get Set' scheme of work.
- Lessons are appropriately adapted to meet the needs of all children.
- We are physically active for at least 60 minutes a day.
- Children and staff wear the appropriate PE kit when taking part in physical activity.
- Daily Mile to be completed on PE days and 2 additional days a week. Focus on increasing fitness and heart rate. As well as active breaks in class when needed.



In our PE curriculum you will see our school curriculum vision because our children **work with resilience – strive.**

- We encourage children to learn from setbacks (such as a defeat) and be able to channel disappointment of the experience to improve performance. We encourage them to focus on learning from their successes, be willing, and open to new experiences, opportunities, and techniques, but to also be conscientious of their own performance. Sportsmanship is at the forefront of all we do and we make sure that we try to show our school values whether we win or lose.

In our PE curriculum you will see our school curriculum vision because our children **dream big - aspire.**

- We develop physically literate individuals who have the knowledge, skills and confidence to enjoy being active. We encourage children to set aspirational goals and provide them with the knowledge to achieve. They have opportunities to compare and understand the importance of reflecting on their own performance.

In our PE curriculum you will see our school curriculum vision because our children **flourish - succeed.**

- We have a good sporting reputation – attending regular sports events. We celebrate achievements so children feel proud and valued. The percentage of children meeting PE objectives in swimming are significantly higher than the national average (see school website) and 92%+ of children are meeting the expected outcomes for their year group.

In our PE curriculum you will see that we value **inclusion and diversity**.

- All children get the recommended 60 minutes or more of daily physical activity. We inspire them to think critically and engage in practices that help them value one another. Our inclusive culture helps children learn to lead a healthy and active lifestyle. We encourage those with disabilities to have the same experiences as their peers ensuring equipment, lesson plans and teaching is adapted as needed.



In our PE curriculum you will see how we develop our children's language, **including subject specific and technical vocabulary**.

- Specific vocabulary linked to the learning content is detailed within the 'Progression of Knowledge and Skills' document. The key vocabulary is progressive, in line with the increasing expectations and learning experiences.

### British Values and Spiritual, Moral, Social and Cultural Learning (SMSC) in PE:

- Spiritual - Children work together and create an environment of equality. Global sporting celebrations are taught (e.g. Olympics) and children are encouraged to take interest in the world around them.
- Moral – Children learn about the importance of sportsmanship. They challenge themselves against their own personal goals and learn from those around them in a supporting and encouraging manner.
- Social - Through communication, sharing and understanding children enhance their emotional development, develop confidence, self-awareness and motivation.
- Cultural - Sport enhances social and cultural life by bringing together individuals and communities. We support children to overcome differences and encourage dialogue. This helps to break down prejudice, stereotypes, cultural differences, ignorance, intolerance and discrimination.

Children achieve well in this subject. Highlights of **outcomes** in PE for last academic year are:

- 94% of children are meeting age expected outcomes and 18% are working at Greater Depth.
- All children feel included and celebrated, with opportunities to try new sports.
- Training provided to improve teaching and learning in PE.
- Active Honours Board celebrates exceptional sporting achievement.



### Successes in 2022-2023

- Won District Sports (first time in schools' history)
- Play Leaders across the school increase active participation at lunchtimes.
- Sports day promotes sportsmanship, equality and teamwork.
- Winning football, netball, cricket and cross-country teams – attending county finals.
- Hosted borough tournaments (rounders/netball).
- All children participated in intra-school competitions and made links with local clubs.

### Priorities for 2023-2024 (See Sport Premium Action Plan)

- Children remain active daily and receive high quality PE lessons twice a week.
- All children have opportunity for competition.
- Develop PE teaching to support curriculum delivery and assessment.
- Swimming intensive course to maximise children meeting NC objectives.
- All children are given equal opportunity to access a variety of sports – focus on SEND.